

**Bossier Parish Community College**

**Master Syllabus**

**Course Prefix and Number:** OCTA 200

**Credit Hours:** 2

**Course Title:** Introduction to Occupational Therapy

**Credit Hours:** 2

**Course Prerequisite:** Enrollment in the OCTA program courses is limited to those students who have been selected and admitted to the professional phase of the program. Program courses are sequenced by semester and must be taken as a group each semester per program requirements and policies.

**Textbooks/ Learning Resources:**

**Required textbook:**

Hussey; Introduction to Occupational Therapy; 5<sup>th</sup> Edition

**Supplemental information:**

OT Official Documents

**Course Description:**

This course provides knowledge in the foundation of OT practice by introducing the historical development, theory, principles, values, and roles and responsibilities in occupational therapy. Topics include OT standards of practice, professional behaviors, educational preparation and certification, code of ethics, emerging trends, practice framework, models of practice and frames of reference. The basic tenets of occupational therapy will also be discussed.

**Relationship to Curriculum Design:**

This is the first course in the professional specialty coursework of the first year. This course is designed to develop fundamental concepts of the nature and scope of occupational therapy.

**Learning Outcomes:**

At the end of this course the student will be able to:

- A. *Based on review and comprehension of current OT literature, develop an appreciation of the history and philosophy of occupational therapy in order to understand the role of the OT and OTA;*
- B. examine the Occupational Therapy Practice Act and Code of Ethics in order to perform legally and ethically within a variety of practice settings;
- C. relate basic service management functions to safe and responsible performance within a variety of practice settings;
- D. apply models of practice and frames of reference that are used in occupational therapy;
- E. demonstrate knowledge of applicable national requirements for licensure, certification, or registration under state law

- F. *analyze data, utilize technology and think critically in order to understand the roles and responsibilities of the OT and OTA in various practice settings.*
- G. Demonstrate effective computer literacy. and oral and written communication skills

## Course Objectives

To achieve the learning outcomes, the student will:

1. Define basic terminology in Occupational Therapy (A)
2. Describe the unique nature and scope of Occupational Therapy practice. (A)
3. Articulate the ethical and practical considerations that affect the health and wellness needs of those who are experiencing or are at risk for social injustice, occupational deprivation, and disparity in the receipt of services. **B.1.5 (B)**
4. Articulate an understanding of the importance of the history and philosophical base of the profession of occupational therapy. **B.2.1 (A)**
5. Define and describe the Occupational Practice Framework: Domain and Process **B.2.2**
6. Describe the role of the OTA in various settings including traditional and emerging areas of practice. **B.6.4 (A)**
7. Describe the OT Practice Act (E)
8. Describe Occupation and its relationship to the OT Areas of Practice and Core Concepts. (E)
9. Articulate to consumers, potential employers, colleagues, third-party payers, regulatory boards, policy makers, other audiences, and the general public both the unique nature of occupation and the value of occupation. **B.2.3 (G)**
10. Explain the role of occupation in the promotion of health and the prevention of disease and disability for the individual, family, and society. **B.2.5 (A,G)**
11. Describe basic theories, OT models of practice and frames of reference and their application to OT intervention. **B.3.1 (D)**
12. Describe basic features of the theories that underlie the practice of occupational therapy. **B.3.2 (D)**
13. Discuss how OT history and OT theory, and the sociopolitical climate influence practice. **B.3.4 (A)**
14. Discuss the educational and professional requirements of the OTA. (C, E)
15. Describe the roles, responsibilities, relationships and supervision of the OT and the OTA. **B.7.7 and B.9.8 (B,E)**
16. Demonstrate knowledge and understanding of the *AOTA Occupational Therapy Code of Ethics, Core Values and Attitudes of Occupational Therapy Practice, Scope of Practice* and *AOTA Standards of Practice*. **B.9.1 (B)**
17. Identify strategies in ethical decision making. (B)
18. Explain and give examples of how the role of a professional is enhanced by knowledge of and involvement in international, national, state, and local OT associations and related professional associations. **B.9.2 (E)**
19. Define statutes, regulations, and licensure. (E)
20. Identify the potential impact of current policy issues and the social, economic, political, geographic, or demographic factors on the practice of OT. **B. 6.2 and 6.3 (A,C)**

21. Describe the services provided by occupational therapy across the life span **(A,B)**
22. Describe the contexts of health care, education, community, and social systems as they relate to the practice of OT. **B.6.1 and 7.1 (C)**
23. Identify and discuss the 3 steps in the Occupational Therapy process **(C,F)**
24. Compare and contrast the roles of the OT and OTA in the OT process **(C, F)**
25. Discuss strategies for ongoing professional development to ensure that practice is consistent with current and accepted standards. **B. 9.4 (E)**
26. Identify and appreciate the varied roles of the OTA as a practitioner, educator, and research assistant. **B.9.7 (C, F)**
27. Identify and describe the five general approaches to intervention **(C,F)**
28. Describe service management functions of the OT and OTA including infection control, reimbursement and professional responsibilities **B.9.5 (C)**
29. Analyze activities in terms of areas of performance, performance skills, performance patterns, and client factors. **(F)**
30. Identify the mechanisms, systems, and techniques needed to properly maintain, organize, and prioritize workloads and intervention settings. **(C,F)**
31. Recognize and communicate the need to refer to specialists for consultation and intervention. **(F)**
32. Identify and describe intervention modalities and their relationship to purposeful activity. **(F)**
33. Describe therapeutic use of self and its role in developing a therapeutic relationship. **(A,G)**
34. Describe the thought process of clinical reasoning and apply skills to make appropriate clinical and ethical decisions in the OT process. **B.9.10 (B,F)**
35. Identify the variety of informal and formal systems for resolving ethics disputes that have jurisdiction over OT practice. **B.9.11 (B)**

## **Topical Outline**

- I. The Occupational Therapy Profession
  - A. Defining OT
    1. General overview of types of patients/clients served
    2. General overview of types of settings, services and activities utilized
  - B. History of OT
    1. Founders
    2. Holistic Perspective
    3. Societal influences
    4. legislation
  - C. Philosophy of OT
    1. Philosophical Base/ Holistic approach
    2. Areas of practice
    3. General overview of Practice framework
    4. Core concepts and Basic tenets
  - D. Current Issues and Emerging Practice Areas
    1. Centennial Vision
    2. Emerging Areas of Practice
    3. Practice Act

- II. The Occupational Therapy Practitioner
  - A. Educational Preparation and Certification
    - 1. Accreditation process
    - 2. OTA Standards
    - 3. General Overview of Certification and State Licensure
  - B. Professional Organizations
    - 1. AOTA
    - 2. AOTF
    - 3. WFOT
    - 4. LOTA
  - C. Occupational Therapy Roles, Responsibilities and Relationships
    - 1. OT Roles
    - 2. Responsibilities of OT and OTA's during service delivery
    - 3. Levels of Supervision
    - 4. Healthcare Teams and Relationships
    - 5. Professional Development
  - D. Legal and Ethical Issues
    - 1. Code of Ethics
    - 2. Ethical Decision Making
    - 3. Ethical Problem Solving
    - 4. Practicing Legally; Federal and State Statutes
- III. The Practice of Occupational Therapy
  - A. OT Practice Framework
    - 1. Performance Areas
    - 2. Analysis of Occupational Performance and Process
    - 3. OT Intervention
  - B. Lifespan Development
    - 1. Developmental tasks of infancy, childhood and adolescence
    - 2. Developmental frames of reference
    - 3. Infancy, childhood, and adolescent diagnoses, settings and interventions
    - 4. Developmental tasks of adulthood
    - 5. Adulthood diagnoses, settings and interventions
  - C. Treatment Settings and Models
    - 1. Types of settings
    - 2. Spheres of practice
  - D. General Overview of OT Process
    - 1. Evaluation
    - 2. Interventions
    - 3. Outcomes
  - E. Service Management Functions
    - 1. Maintaining a safe and efficient workplace
      - a. Safe environment
      - b. Infection control
      - c. Ordering and storing supplies
      - d. Scheduling
    - 2. Documenting OT services

- a. Evaluation and screening
- b. Re-evaluation
- c. Intervention plan
- d. Progress report
- e. Transition plan
- f. Discharge/discontinuation
- g. IEP
3. Reimbursement
  - a. Public, private, and other funding sources
  - b. Coding and billing
4. Program Planning and Evaluation
5. Professional Development
6. Public Relations and Marketing
- F. Models of Practice and Frames of Reference
  1. Definition and Types of Models of Practice
  2. Definition and Types of Frames of Reference
  3. Application to treatment
- G. General Overview of Intervention Modalities
  1. Preparatory Methods
    - e. Sensory input
    - f. Therapeutic exercise
    - g. Physical agent modalities
    - h. Orthotics and splinting
  2. Purposeful Activity
  3. Occupation-Based Activity
    - a. Activity analysis/synthesis
    - b. Activity synthesis
- H. Therapeutic Relationship
  1. Skills for effective relationships
  2. Group leadership skills
  3. Types of groups
  4. Application of therapeutic use of self
- I. Clinical Reasoning
  1. Thought process
  2. Reasoning strategies
  3. Development of skills

**Course Grading: The student's grade for this course will be based on:**

- Written exams will comprise 70% of the final grade (average of all written exams) and
- Activities and assignments will determine 25% of the final grade; which include in-class assignments and activities, discussion board, forum/web activities and assignments, and presentations.
  - All discussion board and online assignments will be graded on clarity, quality, content, grammar, spelling, and punctuation. Pay close attention to

due dates and response requirements. Late posts will not be accepted and will be given a zero.

- Assessment of professional behavior, participation and attendance will be used for 5% of the final grade. OCTA 200 is a hybrid course, 50% in class and 50% web-based instruction. Students are expected to log-in to Canvas at least three times per week and participate in a meaningful way.

Instructional methods include case studies, online discussion board activities, web based activities, video analysis, lecture, and role play.

**Course Requirements:** To earn a grade of “C” or higher the student must earn 75% of the total points for the course and meet all of the following course requirements:

- 100% accuracy on AOTA Occupational Therapy Code of Ethics, Scope of Practice and AOTA standards of Practice Exam
- Satisfactory completion of all assignments (minimum of 75%)

**Student Expectations:**

- a. Course faculty will determine if class absence is excused. Unexcused absences will result in a zero (0) for the exam, assignment, or class participation due on the date of absence.
- b. **One** tardy will be excused per semester. All other tardies will constitute a decrease of one percentage point each in final grade.
- c. Make-up work or exams for excused absences will be given at the discretion and convenience of the instructor.
- d. No late assignments will be accepted. If an assignment is not submitted by due date and time, a grade of zero will be given.
- e. All written work will be typed and produced according to the *APA Publication Manual, 6th edition* unless otherwise indicated in assignment directions.
- f. **Active** participation during class time, community outings, fieldwork experiences, and other professional experiences is mandatory. Passive note taking and silent observation is not considered active participation.
- g. Professional development is an integral part of becoming an Occupational Therapy Assistant. Students are expected to accept constructive criticism from faculty and peers and modify behavior accordingly.
- h. **ALL** appointment requests with faculty must be made in writing via email.

**Course Grading Scale:**

A- 93% or more of total possible points including all exams, assignments and participation and 100% accuracy on AOTA *Occupational Therapy Code of Ethics, Scope of Practice*, and AOTA *Standards of Practice* exam

- B- 85-92% of total possible points including all exams, assignments and participation and 100% accuracy on AOTA *Occupational Therapy Code of Ethics, Scope of Practice*, and AOTA *Standards of Practice* exam
- C- 75-84% of total possible points including all exams, assignments and participation and 100% accuracy on AOTA *Occupational Therapy Code of Ethics, Scope of Practice*, and AOTA *Standards of Practice* exam
- D- 69-74% of total possible points including all exams, assignments and participation and 100% accuracy on AOTA *Occupational Therapy Code of Ethics, Scope of Practice*, and AOTA *Standards of Practice* exam
- F- Less than 68% of total possible points including all exams, assignments and participation and less than 100% accuracy on AOTA *Occupational Therapy Code of Ethics, Scope of Practice*, and AOTA *Standards of Practice* exam

Students must have a “C” or better and a semester GPA average of 2.5 or better to receive credit toward the OTA program requirements and to move to the next level of coursework.

*The syllabus is comprehensive and covers a lot of detail. Read it carefully and ask questions about anything you do not understand. The syllabus is subject to change, but all changes will be announced as far in advance as possible.*

**Attendance Policy:** The college attendance policy, which is available at <http://www.bpcc.edu/catalog/current/academicpolicies.html>, allows that “more restrictive attendance requirements may apply to some specialized classes such as laboratory, activity, and clinical courses because of the nature of those courses.” The attendance policy of the OTA program is described in the OTA Clinical Handbook.

### **Nondiscrimination Statement**

Bossier Parish Community College does not discriminate on the basis of race, color, national origin, gender, age, religion, qualified disability, marital status, veteran's status, or sexual orientation in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of its operations. Bossier Parish Community College does not discriminate in its hiring or employment practices.

### **COORDINATOR FOR SECTION 504 AND ADA**

Angie Cao, Student and Disability Services Specialist

Disability Services, F254, 6220 East Texas Street, Bossier City, LA 71111

318-678-6511

[acao@bpcc.edu](mailto:acao@bpcc.edu)

Hours: 8:00 a.m.-4:30 p.m. Monday - Friday, excluding holidays and weekends.

Equity/Compliance Coordinator

Teri Bashara, Director of Human Resources

Human Resources Office, A-105

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**Reviewed by K. Brandon 4/19**