

**BOSSIER PARISH COMMUNITY COLLEGE**  
**Master Syllabus**

**Course Prefix and Number:** NURS 200

**Credit Hours:** 6

**Course Title:** Fundamentals of Nursing

**Prerequisites:** Admission to the Nursing Program

**Co-requisites:** NURS 201, NURS 202, NURS 201, NURS 205

**Textbooks:**

Craven, R. & Hirnle, C. (2013). *Fundamentals of Nursing* (8<sup>th</sup> ed). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.

**Course Description:**

This course introduces students to the basic concepts and skills that are essential to the foundation of professional nursing practice including communication, QSEN competencies, the Nurse Practice Act, quality improvement, patient-centered care with regard to cultural and lifespan diversity, evidence-based practice, and the nursing process. Students learn how to meet basic human needs including physical assessment, medication administration, nutrition, elimination, and hygiene, while promoting safety among patients and staff.

**Student Learning Outcomes (SLO)**

1. Professional behaviors including commitment to continued quality improvement, ethical and legal standards of practice, efficient management of resources, patient advocacy and lifelong learning
2. Promote safety in the workplace to minimize risk of harm to self, patients, family members and coworkers.
3. Use of therapeutic communication techniques which result in optimal relationships with patients and families and teamwork and collaboration with interdisciplinary team members.
4. The ability to provide patient-centered care with regard to cultural and life-span diversity in a variety of healthcare settings
5. Evidence-based practice to inform the nursing process for clinical judgment and critical decisions making.
6. Use of informatics and technology to document, manage patient records and support decision making.
7. Competency with the nursing process to assess, plan, implement and modify patient care to promote positive outcomes.

## Course Student Learning Outcomes (CSLO)

At the end of this course, the student will be able to:

- A. apply the concepts of therapeutic communication, patient advocacy, evidence-based practice, teamwork and collaboration, to the provision of patient-centered nursing care to meet the needs of diverse patient populations. (SLO: 4,5)
- B. incorporate concepts of professionalism, including integrity, responsibility and commitment to quality improvement, to nursing practice. (SLO: 4)
- C. apply the Nurse Practice Act and QSEN competencies to the role of the Registered Nurse. (SLO: 1,7)
- D. apply basic concepts of pathophysiology to the safe performance of foundational nursing skills. (SLO: 2,7)
- E. relate the role of the nursing process to the provision of foundational nursing skills. (SLO: 3,6)

## Objectives

To achieve the course student learning outcomes, the student will meet the following objectives:

1. Describe the characteristics of culture. (CSLO: A)
2. Explain how the consideration of culture influences the quality and safety of nursing care. (CSLO: A, B)
3. Identify cultural assumption patterns of one's own and others' behavior. (CSLO: A, B)
4. Identify important assessment areas to address when communicating with culturally diverse patients. (CSLO: A,E)
5. Discuss nutritional considerations across the lifespan of culturally diverse populations. (CSLO: A)
6. Describe various types of coping patterns used by diverse populations to handle stress. (CSLO: A)
7. Define therapeutic communication. (CSLO: A)
8. Describe the process of therapeutic communication when providing patient centered care to diverse patient populations. (CSLO: A)
9. Identify therapeutic communication skills. (CSLO: A)
10. Discuss how culturally sensitive nurses look for patterns of behavior from a subculture or ethnic group. (CSLO: A)
11. Define the QSEN competency of patient-centered care to diverse populations. (CSLO: A, C)
12. Discuss the advantages of the nurse-patient relationship in relation to patient centered nursing care to diverse populations. (CSLO: A)
13. Describe how nurse advocacy is the basis for communication with patients. (CSLO: A)
14. Describe how the nurse-patient relationship and therapeutic communication are used to implement the nursing process when communicating with culturally diverse patient populations. (CSLO: A, E)
15. Explain cross-cultural communication with various cultural and ethnic groups and cultural differences in nonverbal communication. (CSLO: A)
16. Discuss the QSEN definition of patient-centered care. ( CSLO: C )

17. Describe how nurses' act as patient advocates for diverse populations when giving patient centered care. (CSLO: A)
18. Explain patient dignity and how to adapt the concept to culturally diverse populations. (CSLO: A)
19. Explain functional and physiological changes taking place in older adults. (CSLO: D)
20. Define the QSEN competency of evidence-based practice. (CSLO: C )
21. Explain contributions of evidence-based practice research to nursing practice involving diverse populations. (CSLO: A)
22. Explain the characteristics of nursing research and how research relates to Quality Improvement. (CSLO: B, C)
23. Define the QSEN competency of teamwork and collaboration. ( CSLO: C )
24. Explain how nurses must collaborate with other disciplines in order to provide culturally sensitive care. (CSLO: A)
25. Discuss the role of the nurse as collaborator and develop awareness of own strength and weaknesses as a team member. (CSLO: C )
26. Define the QSEN competency of safety. (CSLO: C )
27. Explain lifespan and cultural safety considerations for various groups. (CSLO: A)
28. Discuss physiological and environmental factors effect on safety. (CSLO: C )
29. Discuss safety risks for healthcare workers. (CSLO: B )
30. Analyze how assessment plays a role in patient safety. ( CSLO: C, E )
31. Describe the care regimen to promote safety in physical surroundings. (CSLO: C )
32. Discuss patient safety utilizing correct medical and surgical asepsis. (CSLO: C, D )
33. Discuss evaluation of medication effectiveness and documentation regarding safe medication administration practices. (CSLO: C )
34. Discuss the relationship of safety to sensory dysfunction. (CSLO: C )
35. Describe standards of care in nursing. (CSLO: B)
36. Explain how critical thinking is used in nursing. (CSLO: B)
37. Identify distinct pathways for entrance into professional nursing. (CSLO: B)
38. Explain why problem-solving, management and nursing process are similar. (CSLO: C)
39. Describe the importance of the Nurse Practice Act in relation to the legal and technical aspect of nursing. (CSLO: C )
40. Define the QSEN competency of quality improvement. (CSLO: C )
41. Recognize communication resources available and how the nurse works with and is a part of these resources. (CSLO: B)
42. Discuss the role of healthcare personnel and health agencies in infection control. (CSLO: B, C)
43. Discuss nursing measures that strengthen defense mechanisms against infection. (CSLO: B, C)
44. Explain why the Quality and Safety Education for Nurses (QSEN) competencies are important to nurses. (CSLO: C )
45. Describe best practices for performing quality foundational nursing skills. (CSLO: D)
46. Identify the skills required for nursing assessment. (CSLO: E )
47. Formulate nursing diagnoses for patient situations. (CSLO: E )
48. Discuss the Nursing Outcome and Nursing Intervention Classification projects in relation to the Nursing Care Plan. (CSLO: E )
49. Describe nursing activities during the evaluation phase of the nursing process.

- (CSLO: D, E )
50. Incorporate age appropriate spiritual assessment questions into nursing assessment when caring for patient's from diverse populations. (CSLO: A, E )
  51. Apply the nursing process to grieving patients. (CSLO: E )
  52. Identify patient teaching needs and appropriate outcomes to provide information and skills regarding patient health choices. (CSLO: E )
  53. Discuss preparation of the patient and the environment to foster data collection. (CSLO: C, E )
  54. Discuss the focus of nursing care in various settings and situations. (CSLO: E )
  55. Describe nursing roles and responsibilities in home care. (CSLO: B )
  56. Describe important qualities of the teaching-learning relationship. (CSLO: E )
  57. Describe the procedures used to assess vital signs. (CSLO: D, E )
  58. Give examples of some commonly used holistic interventions. (CSLO: D, E )
  59. Discuss related theories of development across the lifespan. (CSLO: E )
  60. Discuss the effects of surgery on health function. (CSLO: D, E )
  61. Describe the impact of immobility on physiologic and psychologic functioning when caring for diverse populations. (CSLO: A, E )
  62. Describe factors that place an individual's health at risk. (CSLO: E )
  63. Discuss nursing assessment of urinary function. (CSLO: D, E )
  64. Describe appropriate subjective and objective data to collect to assess bowel function. (CSLO: D, E )
  65. Discuss interventions to promote rest and sleep. (CSLO: D, E )
  66. Develop a nursing plan of care for a patient experiencing pain. (CSLO: E )
  67. List resources available to families of people with altered cognitive processes. (CSLO: B, E )
  68. Plan care for a person with altered self-concept. (CSLO: E )
  69. Evaluate the impact of altered family function on activities of daily living. (CSLO: D, E )
  70. Explain the relationship of functional health pattern typology to patient centered nursing care of culturally diverse populations. (CSLO: A, E )
  71. Discuss basic hygiene nursing skills such as bathing, shampooing hair, perineal care, foot care, back massage toileting and bed making. (CSLO: D, E )
  72. Discuss nursing skills such as catheter insertion and care, tracheostomy care, NG tube placement, medication administration, and tube feedings. (CSLO: D, E )
  73. Describe nursing measures to ensure a patent airway. (CSLO: D, E )
  74. Relate values to functional health patterns. (CSLO: B, E )

### **Course Requirements**

**In order to receive a grade of "C" the student must earn 76% of the total possible points on the unit tests for the course and achieve all of the course requirements listed below.**

The student will:

- Participate in/complete all classroom/laboratory experiences (such as discussion questions; quizzes; case studies; concept mapping; DVD, video, web-site, or reading assignments).

- Be held responsible for the content of the entire course. The final exam is mandatory, will be cumulative, and worth 25% of the overall grade for the course.
- Be required to achieve a minimum overall average of 76% on tests throughout the course and a minimum score of 68% on the final exam to receive credit for this course.
- Earn a minimum score of 80% on the Nurse Practice Act and QSEN assessments.

**Grading Scale:**

93 – 100%	=	A
85 – 92%	=	B
76 – 84%	=	C
68 – 75%	=	D
0 – 67%	=	F

**Attendance Policy:** The college attendance policy, which is available at <http://www.bpcc.edu/catalog/current/academicpolicies.html>, allows that “more restrictive attendance requirements may apply to some specialized classes such as laboratory, activity, and clinical courses because of the nature of those courses.” The attendance policy of the Nursing program is described in the Nursing Program Clinical Handbook.

**Course Fees:** This course is accompanied with an additional non-refundable fee for supplemental materials, laboratory supplies, certification exams and/or clinical fees.

**Nondiscrimination Statement**

Bossier Parish Community College does not discriminate on the basis of race, color, national origin, gender, age, religion, qualified disability, marital status, veteran's status, or sexual orientation in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of its operations. Bossier Parish Community College does not discriminate in its hiring or employment practices.

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