

**BOSSIER PARISH COMMUNITY COLLEGE**  
**Master Syllabus**

**Course Prefix and Number:** PRNU 100

**Credit Hours:** 4

**Course Title:** PN Fundamentals I

**Clock Hours Lecture/Lab/Clinical:** 45/25/40

Enrollment in the program courses (PRNU) is limited to those students who have been selected and admitted to the Practical Nursing program. Program courses are sequenced by semester and must be taken as a group each semester per program requirements and policies.

**Textbook(s):** Timby's Fundamental Nursing Skills and Concepts, Twelfth Edition, Loretta A. Donnelly-Moreno  
PN Fundamentals ATI

**Course Description:** This course is an introduction to the normal aging process, including biological, psychosocial, cultural, spiritual, and pharmacological factors, and health maintenance. It includes theory, clinical and supervised skills lab focusing on providing basic nursing skills to meet the physiological, psychosocial, socio-cultural, and spiritual needs of clients in the geriatric healthcare environment. Infection control information and skills are presented as part of this course. Omnibus Budget Reconciliation Act (OBRA) guidelines are presented as application of the nursing process in the management of clients with health alterations. (45 hours lecture, 30 hours lab, 45 hours of clinical)

**Learning Outcomes:**

Upon successful completion of this course, the student will be able to:

- A. Describe the aging process
- B. State principals and apply infection control protocols
- C. Explain the concepts of health maintenance
- D. Proficiently demonstrate basic nursing skills
- E. Identify OBRA guidelines
- F. Apply the nursing process to the geriatric client
- G. Provide basic care to the geriatric client

**Course Objectives:**

**Theory:**

Upon successful completion of this course with a minimum of 80% accuracy, the student will:

1. Demonstrate knowledge and skill in the following criteria identified by the Louisiana Department of Health and Hospitals' Louisiana Register and the Omnibus Budget Reconciliation Act (OBRA) as guidelines for Nurse Aide Training:
  - a. Appropriate communication and interpersonal skills. (A)
  - b. Basic concepts of infection control. (C)
  - c. Behavior which maintains clients' rights, including but not limited to: assisting a client to vote, providing privacy and maintenance of confidentiality, allowing the client to make personal choices to accommodate individual needs giving assistance in resolving grievances, providing needed assistance in getting to and participating in client and family groups and other activities, maintaining reasonable care of clients personal possessions providing care which maintains the client free from abuse, mistreatment or neglect, and reporting any instances of such poor care to appropriate facility staff, and maintaining the client's environment and care so as to minimize the need for physical or chemical restraints. (B)
2. Discuss the responsibilities related to admission, transfer, and discharge of clients receiving care in various healthcare facilities. (A)
3. Discuss the application of basic principles of Standard and Transmission Based Precautions in the lab and clinical settings.
4. Explain how the Health Insurance Portability and Accountability Act (HIPAA) compliance regulation impacts workers in long term care. (B)
5. Demonstrate an understanding of the concepts of assessing biological, psychosocial, socio-cultural, spiritual needs, and/or developmental factors that influence health attainment. (C)
6. Demonstrate an understanding of the concepts of planning and incorporating therapeutic interventions, collaboration as a member of the health team, rehabilitative/restorative care concepts, concepts of death with dignity, and the nursing process in nursing care. (A)
7. Demonstrate an understanding of the concepts of evaluating the effectiveness of nursing care rendered specific to the applied nursing interventions. (A)

**Lab:**

Upon successful completion of this course with a minimum of Satisfactory "S" accuracy on the course Clinical Skills Evaluation Tool (CSET), the student will:

1. Demonstrate the ability to satisfactorily apply all nursing skills learned in this course and complete the course Clinical Skills Evaluation Tool(s) provided by the instructor. (D)
2. Demonstrate basic nursing skills, including but not limited to: bed-making, taking vital signs, measuring height and weight, caring for the resident environment, ambulating, transferring, using body mechanics, maintaining infection control and safety standards, attaining/maintaining proficiency in CPR, caring for residents when death is imminent and recognizing abnormal signs and symptoms of common diseases and conditions. (D)
3. Demonstrate basic personal care skills including, but not limited to bathing, mouth care, grooming, dressing, toileting, assisting with eating, hydration and skin care. (D)
4. Demonstrate appropriate documentation techniques for all applicable nursing skills covered in this course. (D)
5. Demonstrate knowledge and skill in the following criteria identified by the Louisiana Department of Health and Hospitals' Louisiana Register and the Omnibus Budget Reconciliation Act (OBRA) as guidelines for Nurse Aide Training:
  - a. Safety and emergency procedures, including identifying clients at risk for falls.(D)
  - b. Basic nursing skills, including but not limited to: bed-making, taking vital signs, measuring height and weight, caring for the resident environment, measuring fluid and nutrient intake and output, assisting in the provision of proper nutritional care, ambulating, transferring, using proper body mechanics, maintaining infection control and safety standards, attaining/maintaining proficiency in CPR, caring for residents when death is imminent and recognizing abnormal signs and symptoms of common diseases and conditions. (D)
  - c. Basic personal care skills including, but not limited to bathing, mouth care, grooming, dressing, toileting, assisting with eating, hydration and skin care. (D)
  - d. Basic skills by modifying his/her own behavior in response to clients' behavior, identifying developmental tasks associated with the aging process and use task analysis, segmenting of those tasks to increase independence, providing training in and the opportunity for self-care according to clients' capabilities, demonstrating principles of behavior modification by reinforcing appropriate behavior and causing inappropriate behavior to be reduced or eliminated, demonstrating skills supporting age-appropriate behavior by allowing the client to make personal choices, providing, and reinforcing other behavior consistent with clients' dignity, and utilizing clients' family as a source of emotional support. (D)
  - e. Skills which incorporate principles or restorative nursing, including the use of assistive devices in ambulation, eating, and dressing, maintenance of range of motion, proper turning and position both in bed and chair, transferring, bowel and bladder training, enema administration, and care and uses of prosthetic devices, such as hearing aids, artificial eyes, artificial limbs, etc. (D)

**Course Requirements:** To earn a grade of "C" or higher the student must earn 80% of the total points for the course and obtain a Satisfactory "S" (Passing) on course CSET. Satisfactory in lab and clinical is interpreted as 80 or above out of 100.

**Course Grading Scale:** The final grade will not be rounded up EX. 79.5 = 79 = D

100-94 = A

93-87 = B

86-80 = C

79-73 = D

72-0 = F

**Attendance Policy:** The attendance policy for the BPCC Practical Nursing Program is included in the program student handbook, which is also posted to the program page of the BPCC website.

**Course Fees:** This course is accompanied by a non-refundable \$40 CPR certification fee.

**Nondiscrimination Statement:**

Bossier Parish Community College does not discriminate on the basis of race, color, national origin, gender, age, religion, qualified disability, marital status, veteran's status, or sexual orientation in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of its operations. Bossier Parish Community College does not discriminate in its hiring or employment practices.

**Coordinator for Section 504 and ADA:**

Angie Cao, Student and Disability Services Specialist

Disability Services, F254, 6220 East Texas Street, Bossier City, LA 71111

318-678-6511

[acao@bpcc.edu](mailto:acao@bpcc.edu)

Hours: 8:00 a.m.-4:30 p.m. Monday - Friday, excluding holidays and weekends.

**Equity/Compliance Coordinator:**

Teri Bashara, Director of Human Resources

Human Resources Office, A-105, 6220 East Texas Street, Bossier City, LA 71111

318-678-6056

[tbashara@bpcc.edu](mailto:tbashara@bpcc.edu)

Hours: 8:00 a.m.-4:30 p.m. Monday - Friday, excluding holidays and weekends.

Reviewed by Mpietsch 04/2023