

**BOSSIER PARISH COMMUNITY COLLEGE**  
**Master Syllabus**

**Course Prefix and Number:** NURS 220

**Credit hours:** 2

**Course Title:** Women's Health Nursing

**Prerequisites:** NURS 200, NURS 200L, NURS 201, NURS 202, NURS 205, OR NURS 204

**Corequisites:** NURS 224

*Enrollment in the 200 Level of Nursing (NURS) courses is limited to those students who have been selected and admitted to the program. Program courses are sequenced by semester and must be taken as a group each semester per program requirements and policies.*

**Textbook**

McKinney, E., et al. (2022). *Maternal-child nursing, 6<sup>th</sup> ed.* Elsevier.

**Course Description**

This course builds upon the skills, knowledge, and behaviors needed to care for clients in the area of Women's Health. Utilizing an integrated approach, the student will develop an understanding of family planning, reproduction, pregnancy, labor and delivery, postpartum, and care of the newborn. The student will apply this new knowledge to the provision of safe, patient-centered care with regard to cultural and life-span diversity, utilizing evidence-based practice, the nursing process, and current ethical and legal standards of practice.

**Student Learning Outcomes (SLO)**

1. Professional behaviors including commitment to continued quality improvement, ethical and legal standards of practice, efficient management of resources, patient advocacy and lifelong learning
2. Promote safety in the workplace to minimize risk of harm to self, patients, family members and coworkers.
3. Use of therapeutic communication techniques which result in optimal relationships with patients and families and teamwork and collaboration with interdisciplinary team members.
4. The ability to provide patient-centered care with regard to cultural and life-span diversity in a variety of healthcare settings
5. Evidence-based practice to inform the nursing process for clinical judgment and critical decisions making.
6. Use of informatics and technology to document, manage patient records and support decision making.
7. Competency with the nursing process to assess, plan, implement and modify patient care to promote positive outcomes.

**Course Student Learning Outcomes (CSLO)**

At the end of this course, the student will be able to:

- A. Apply health promotion and health maintenance to the care of women across the lifespan though the use of evidence-based practice. (SLO: 4, 5)

- B. Evaluate situations involving provision of patient-centered care with regard to the influence of cultural diversity on the health behaviors of women and the developing family. (SLO: 4)
- C. Utilize current legal standards and ethical principles with a commitment to quality improvement when planning care. (SLO: 1, 7)
- D. Demonstrate knowledge of and prioritize appropriate gynecologic, obstetric, and newborn nursing interventions to improve the quality and safety of health care. (SLO: 2, 7)
- E. Apply effective communication with women, the support persons, and the healthcare team. (SLO: 3)
- F. Utilize the nursing process and critical thinking when assessing, planning, and evaluating care of childbearing women and families. (SLO: 7)

### **Objectives**

To achieve the Course Student Learning Outcomes, the student will meet the following objectives:

1. Explain the structure and function of the major external and internal genital organs. (CSLO: B, C)
2. Outline the phases of the menstrual cycle, the dominant hormones involved, and the changes taking place in each phase. (CSLO: B, C)
3. Identify risk factors and outline appropriate client education needed in common reproductive disorders. (CSLO: A, B, C)
4. Compare and contrast the various contraceptive methods available and their overall effectiveness. (CSLO: A, B, C, E)
5. Discuss components of patient education regarding contraception, including variations based on cultural diversity and religion. (CSLO: A, B, C, D, E)
6. Explain the physiologic and psychological aspects of menopause. (CSLO: A, B, C)
7. Delineate the nursing management needed for women experiencing common reproductive disorders. (CSLO: A, B, C)
8. Discuss the spread and control of sexually transmitted infections (CSLO: A, B, C, E)
9. Identify risk factors and outline appropriate client education needed in common sexually transmitted infections. (CSLO: A, B, C, E)
10. Discuss how contraceptives can play a role in the prevention of sexually transmitted infections. (CSLO: A, B, C, E)
11. Analyze the physiologic and psychological aspects of sexually transmitted infections. (CSLO: A, C, E)
12. Explain the functions of the placenta, umbilical cord, and amniotic fluid. (CSLO: B, C)
13. Outline normal fetal development from conception through birth. (CSLO: B, C)
14. Differentiate between subjective, objective, and diagnostic signs of pregnancy. (CSLO: B, C)
15. Summarize the nutritional needs of the pregnant woman and her fetus and the ways in which cultural practices may impact nutrition. (CSLO: A, B, C)
16. Identify emotional and psychological changes that occur during pregnancy. (CSLO: A, B, C)
17. Identify the information collected at the initial prenatal visit and assessments completed at follow-up prenatal visits. (CSLO: B, C)

18. Describe the tests used to assess maternal and fetal well-being, including nursing management for each. (CSLO: B, C, D)
19. Outline appropriate nursing management to promote maternal self-care and to minimize the discomforts of pregnancy. (CSLO: A, B, C)
20. Discuss signs of labor, and compare and contrast true versus false labor. (CSLO: B, C)
21. Identify the maternal and fetal responses to labor and birth. (CSLO: A, B, C)
22. Classify and discuss the stages of labor and explain normal changes occurring during all four stages. (CSLO: B, C)
23. Discuss measures used to evaluate maternal status during labor and birth. (CSLO: B, C, D)
24. Choose appropriate nursing interventions to address non-reassuring fetal heart rate patterns. (CSLO: A, B, C, D, F)
25. Explain the various comfort-promotion and pain-relief strategies used during labor and birth and the influence of diverse cultural practices on pain management. (CSLO: A, B, C)
26. Outline the nurse's role throughout the labor and birth process. (CSLO: A, B, C, D, E)
27. Explain the physiologic changes occurring in the woman after childbirth. (B, C)
28. Identify the phases of maternal role adjustment. (CSLO: B, C)
29. Analyze the psychological adaptations occurring in the mother's partner after childbirth. (CSLO: A, B, C)
30. Compare and contrast the bonding and attachment process among our culturally diverse society, and identify behaviors that enhance or inhibit the attachment process. (CSLO: A, B, C)
31. Discuss the role of the nurse in promoting successful breastfeeding. (CSLO: A, B, C, D)
32. List areas of health education needed for discharge planning, home care, and follow-up. (CSLO: A, B, C)
33. Identify the major changes that occur and challenges faced as the newborn adapts to extrauterine life. (CSLO: B, C)
34. Explain the behavioral patterns of newborn behavioral adaptation. (CSLO: B, C)
35. Discuss the typical behavioral responses of the newborn. (CSLO: B, C)
36. Discuss the assessments performed and interventions delivered during the immediate newborn period. (CSLO: B, C)
37. Discuss the nurse's role in meeting the newborn's nutritional needs. (CSLO: A, B, C)
38. Outline discharge planning and education needed for the family with a newborn. (CSLO: A, B, C)
39. Explain common factors that might place a pregnancy at high risk. (CSLO: B, C)
40. Identify causes of vaginal bleeding in pregnancy, and outline nursing assessment and management of vaginal bleeding in pregnancy. (CSLO: B, C)
41. Identify the educational needs of the woman experiencing a high-risk pregnancy. (CSLO: A, B, C)
42. Describe how pre-existing health conditions can impact pregnancy. (CSLO: B, C)
43. Explain the nurse's role in the prevention and management of adolescent pregnancy. (CSLO: A, B, C, E)
44. Describe nursing management for the woman in labor with complications. (CSLO: A, B, C)
45. Summarize the plan of care for a woman who is to undergo a cesarean birth. (CSLO: A, B, C)

46. Explain the risk factors, assessment, preventative measures, and nursing management of common postpartum complications. (CSLO: B, C)
47. Identify the nurse's role in caring for the woman with a postpartum complication. (CSLO: A, B, C)
48. Discuss associated conditions that affect the newborn with variations in birthweight and gestational age, including appropriate management. (CSLO: B, C)
49. Outline the nurse's role in helping parents experiencing perinatal grief or loss. (CSLO: A, B, C, E)
50. Integrate the knowledge of the risks associated with preterm births into nursing interventions, discharge planning, and parent education. (CSLO: A, B, C, E, F)
51. Describe the nursing management of a newborn as it relates to specific acquired conditions. (CSLO: B, C, F)
52. Summarize the appropriate nursing care for a newborn as it relates to specific congenital anomalies. (CSLO: B, C, F)

## Course Requirements

**In order to receive a grade of "C" the student must earn 76% of the total possible points for the courses and achieve all of the course requirements listed below.**

The student will:

- Participate in/complete all classroom experiences/assignments (such as discussion questions; quizzes; case studies; concept mapping; DVD or web-site assignments; reading assignments).
- Earn a minimum of 76% average on exams 1-4.
- Be responsible for the content of the entire course as indicated by a **70% minimum score on a cumulative final exam.** The final exam is mandatory and worth 25% of the overall grade for the course.
- **Test review** is a required component and is available online immediately after the exam.
- If any student scores less than 76 on any exam they are required to obtain a **Remediation Packet** from the instructor within one week and make an appointment to meet with the instructor before the next exam.

## Grading Scale

93	–	100%	=	A
85	–	92%	=	B
76	–	84%	=	C
68	–	75%	=	D
0	–	67%	=	F

**Attendance Policy:** The college attendance policy, which is available at <http://www.bpcc.edu/catalog/current/academicpolicies.html>, allows that “more restrictive attendance requirements may apply to some specialized classes such as laboratory, activity, and clinical courses because of the nature of those courses.” The attendance policy of the Nursing program is described in the Nursing Program Clinical Handbook.

**Course Fees:** This course is accompanied with an additional non-refundable fee for supplemental materials, laboratory supplies, certification exams and/or clinical fees.

### **Nondiscrimination Statement**

Bossier Parish Community College does not discriminate on the basis of race, color, national origin, gender, age, religion, qualified disability, marital status, veteran's status, or sexual orientation in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of its operations. Bossier Parish Community College does not discriminate in its hiring or employment practices.

#### COORDINATOR FOR SECTION 504 AND ADA

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Reviewed: 3/2022- K. Lawrence