

Bossier Parish Community College  
Master Syllabus

**Course Prefix and Number:** CDYC 103

**Credit hours:** 3

**Course Title:** The Learning Environment (Health, Safety, and Nutrition)

**Course Prerequisites:**

Score of 16+ on ACT Reading or  
Score of 85+ on ACCUPLACER Placement Test or  
Score of 70+ on COMPASS Placement Test or  
Successful completion of READ 099 or  
Concurrent enrollment in READ 099

**Textbook(s):** Marotz, Lynn R. *Health, safety, and nutrition for the young child*, Clifton Park, N.Y.: Thomson Delmar Learning. (For the exact textbook requirement, please refer to your instructor's course information syllabus.)

*This course requires only the MindTap Access Code*

**Course Description:** This course focuses on promoting the health and well-being of young children. Topics include: maintaining safe and healthy environments, recognizing and reporting abuse and neglect, supporting current state licensing regulations for health, nutrition and safety, reinforcing appropriate food safety guidelines, planning nutritious meals, and encouraging young children to use health, safety and nutrition practices. (This course requires 3 clock hours observation of children in early childhood settings.)

**Learning Outcomes:**

At the end of the course, the student will:

- A. assess children's health through observation, effective practices and health education;
- B. create and maintain safe learning environments;
- C. meet children's essential nutritional needs through thoughtful meal planning and nutrition education;
- D. communicate with parents about the health, safety, and nutritional needs of their child.

To achieve the learning outcomes, the student will:

- 1. describe how health, safety, and nutrition are interrelated; (A) (B) (C)
- 2. explain the importance of promoting a healthy lifestyle; (A)
- 3. obtain the necessary steps for securing a license to operate a child care facility; (A) (B) (C)

4. name specific health conditions and identify the teacher's role in managing chronic health problems in early childhood settings; (A)
5. explain the infectious process and control measures for insuring safe health practices in child care settings; (A)
6. discuss how to create a safe, quality environment using the four basic principles of safety management; (B)
7. describe the teacher's role and responsibilities as they relate to management of unintentional injuries and acute illness; (B)
8. evaluate and develop a plan, according to nutritional guidelines, to serve a nutritious, economical meal to young children; (C)
9. describe the importance of health regulations and appropriate practices for food safety; (C)
10. complete an observation log documenting three (3) hours of proper health, safety and nutrition practices in a childcare setting;
11. \*discuss how good family-teacher communication can enhance children's health, safety and nutritional needs; (A) (B) (C)
12. develop a plan for teaching children's health, safety, and nutrition education; (A) (B) (C)
13. \*identify two forms of negligence and three types of abuse and characteristics of abusive adults and maltreated children; (B)
14. \*list sources of community support and assistance for abusive adults and maltreated children; (B)
15. \*obtain a policy which states the teacher's legal responsibilities as a mandated reporter of suspected child abuse or neglect; (B)
16. \*provide a list of agencies that provide parents with age appropriate nutritional guidelines and recommended feeding procedures for infants, toddlers, preschool, and school-age children; (C)
17. \*schedule a first aid and CPR course; (A) (B)
18. \*discuss the need for health appraisals and use five assessment tools to conduct a health check. (A)

\*Requirement for the CDA credential

**Course Requirements:** The following are intended to help the learner meet the stated learning outcomes of the course: students will attend class; students will be evaluated on results of semester exams; students will be required to participate in class discussions and activities.

*In addition to requirements stated herein, each instructor will communicate additional requirements unique to his/her section via the instructor's section syllabus.*

**Course Grading Scale:**

- A 90-100%
- B 80-89%
- C 70-79%

D 60-69%  
F 59% or below

**Attendance Policy:** The college attendance policy is available at <http://www.bpcc.edu/catalog/current/academicpolicies.html>

**Course Fees:** None

**Nondiscrimination Statement:** Bossier Parish Community College does not discriminate on the basis of race, color, national origin, gender, age, religion, qualified disability, marital status, veteran's status, or sexual orientation in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of its operations. Bossier Parish Community College does not discriminate in its hiring or employment practices.

Section 504 and ADA Coordinator

Angie Cao, Student and Disability Services Specialist

Disability Services, F-254

6220 East Texas Street

Bossier City, LA 71111

Phone: 318-678-6511

Email: [acao@bpcc.edu](mailto:acao@bpcc.edu)

Hours: 8:00 a.m.-4:30 p.m. Monday - Friday, excluding holidays and weekends.

Title IX and Equity/Compliance Coordinator

Teri Bashara, Director of Human Resources

Human Resources Office, A-105

6220 East Texas Street

Bossier City, LA 71111

Phone: 318-678-6056

Hours: 8:00 a.m.-4:30 p.m. Monday - Friday, excluding holidays and weekends.

*Revised June 2018*